



Fall 2020

Gamma Psi

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Executive Board

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As a unique Fall Semester draws to a close, the Brothers of Gamma Psi have seen the difficulties in transition bear the additional weight of COVID-19 restrictions. Each Brother of Gamma Psi has experienced an increase in responsibility with the former pledges taking on a more active role in the Chapter, new faces filling leadership positions, and the latest class of Brothers working towards the conclusion of their final year of pharmacy school.

The most important question during this transition period

was, of course, how to reconcile our goals with the circumstances of the ongoing pandemic. For each event held by the Chapter, additional thought was needed to ensure all precautions were met and the safety of others ensured.

However, we have strived to succeed despite such obstacles. Successful and safe events were held including staple socials, fundraisers, and philanthropic outreach. The Chapter has also embraced the circumstances of the pandemic to create new opportunities such as telehealth education and reading resource preparation. Additionally, communication has become more important than ever to maintain and improve the success of the Chapter, and with such communication comes the importance of accountability. Holding each other and ourselves responsible has allowed for each of us to learn from our mistakes and grow as a result.

While our Chapter continues

to work, our successes are owed to more than just our own efforts; they are owed to the bond shared by those who make Gamma Psi. It is this bond that allows us to both hold each other accountable and learn from our mistakes. As a result, it is this bond that pushes us forward in our strive for success. Our Alumni Brothers have played a prominent role in the continued development of our bond and thus the success of Gamma Psi and its Brothers as well. This relationship is especially important in the face of the pandemic and its value cannot be understated.

As the Fall semester draws to a close, the Spring semester quickly approaches and we look forward to excelling despite the adversities of the pandemic, to further the bonds we share, and to DO WORK.

Respectfully submitted,

Evan "Bisquick" Hardbeck



Brothers at the first Roadside Cleanup of the semester

A Word From Our Regent



This Fall Semester has proceeded in a very unorthodox manner and the Brothers of the Gamma Psi Chapter of Kappa Psi have worked diligently, creatively, and adaptively to continue to strive for success both on and off campus. We have made significant changes to the way we conduct our Chapter meetings, hold social programs, fundraise, and even interact with our classmates. We have also been challenged with communicating in ways that have forced us to be more mindful of the

way we cooperate with one another.

The current pandemic due to COVID-19 has been a double-edged sword for all of us. It has created immense difficulties for us, but it has also bettered us and shown us how flexible we are. These changes have led to us restructuring our agenda that, in some cases, will be more efficient and effective for us in the future. A lot of trial-and-error has been done to reach the new normal that we have, and we are still constantly evolving to the policies and procedures that are steadily put into place. Despite these hurdles, the Chapter has done well to see the silver lining and benefits of such significant change. We have found extreme value in the time we are able to spend together and as a result have gotten to know and understand each other on a more profound level.

As we work to improve our communication, our efforts have resulted in several collegiate Brothers finding ways to remain a step ahead both inside and outside of the classroom. This has even led to stronger relationships with faculty and peers. These strengthened relationships in a pandemic have shown us that there are always opportunities to grow and better ourselves when faced with adversity. We have rolled with the punches and taken these lessons in stride to get to where we are, and I only have confidence that we will carry this into Spring semester with great momentum.

PTBYB,

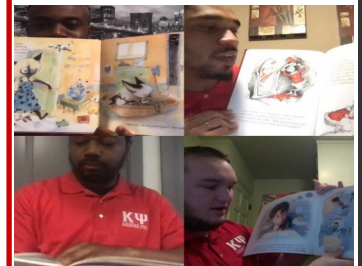
Robert "Vinyl" Johnson



The First Kappa Psi Car Wash of the Semester



Narcan Education Event



Reach Out & Read Video



Blood Drive Tabling Event

Stay Connected!

We are constantly updating Gamma Psi Alumni mailing addresses, phone numbers and email addresses. If you have moved since graduation or changed your email addresses, or know a Brother who may not be in our system, please send updated information to: mercergammaPsi@gmail.com. Your information will be used to ensure that you are always updated with Chapter news.

Dates to Remember

Atlantic Province Winter Assembly	January 30-31 (Virtually)
Rush Social	January 21 (Virtually)
Bid Day	January 29
Founder's Day	March 5-7
IFC Formal	TBD
Pinning Ceremony	May 10
Hooding Ceremony	May 14
Commencement Ceremony	May 16

Alumni Spotlight

As 2020 finally comes to an end, you are all probably both physically and mentally exhausted. We have experienced something that may very well define us for generations. During these taxing times, perseverance will be vital to your success. Perseverance means staying rooted in the confidence that success is inevitable if you continue to make a concerted effort to attain it. Thomas Edison once said, "Many of life's failures are people who did not realize how close they were to success when they gave up." Anticipate and prepare to struggle. Struggles, setbacks, and short-term failures do not have to define you or consume your motivation. Embrace life's lessons, learn from setbacks,

and continue advancing forward.

Four essentials can define perseverance: interest, practice, purpose, and hope. You have to be passionate about what you do. Remember always being told to find something you love, and you will never work a day in your life? However, enthusiasm alone will not get you to your goal. Practice makes perfect. Hone your skills and grow from your failures. Michael Jordan eluded to it best, "I've failed over and over and over again in my life. And that is why I succeed." Find your purpose. How will you make the world a better place? It all starts with your attitude. Finally and possibly the most important, you must believe in yourself. Know your worth. Marianne Williamson once said, "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us."

With 2021 quickly approach-

ing, end 2020 on a positive note. When providing feedback to students and residents I always provide layered feedback. This is accomplished by saying something positive to start, followed by constructive criticism, and ending with more positive feedback. Incorporate this strategy into your life. Life will always be littered with failure or challenges that often occupies most of our focus. Always start your day and end your day with something positive. No matter what you have endured this year, you will persevere and always remember there are 99 hands here to help you.

Respectfully submitted,

Nicholas "Potter" Barker

Gamma Psi Pledge Class of 2012



Brothers Celebration